



## My Emotions

Every day, draw how you feel and write it in Dari/Pashto and English.

Today, I feel \_\_\_\_\_ 

Happy



Angry



Sad



# Week 1 Overview



## Project

### ABC By Me - 1

Create your very own English Alphabet Book for the letters A to O.

## Alphabet Race

Revise the alphabet through an exciting race!

5

## Musical Alphabet

Explore letter sounds through a fun game!

4

## Hidden Things

Discover what is hidden as you colour an image by following a code.

3

## Alphabet Book

Start creating your ABC Book!

1

2

## Big and Small

Match the big letter with its small letter.

## Materials Needed

- Paper
- Colours (optional)
- Pen/Pencil

## ABC By Me

Make the pages for the letters A, B, and C.

Aa



Airport

Bb



Book

Cc



Clothes

1. Trace the letters in their **UPPERCASE** form:

A A A A A A A A

B B B B B B B B

C C C C C C C C

2. Trace the letters in their **LOWERCASE** form:

a b c a b c a b c a b c

a b c a b c a b c a b c

## ABC By Me

Make the pages for letters D, E, and F.

Dd



Doctor

Ee



Eat

Ff



Food

1. Trace the letters in their **UPPERCASE** form:

D D D D D D D D

E E E E E E E E

F F F F F F F F

2. Trace the letter in their **LOWERCASE** form:

d e f d e f d e f d e f

d e f d e f d e f d e f

# BIG AND SMALL

Match the big letter with its small letter.



Apple



Ball



Cake



Dog



Egg



Fish

A



b

B



d

C



e

D



a

E



f

F



c

Look at the picture. Circle the letter that the word begins with.



a E d



B f D



f C A



A b C



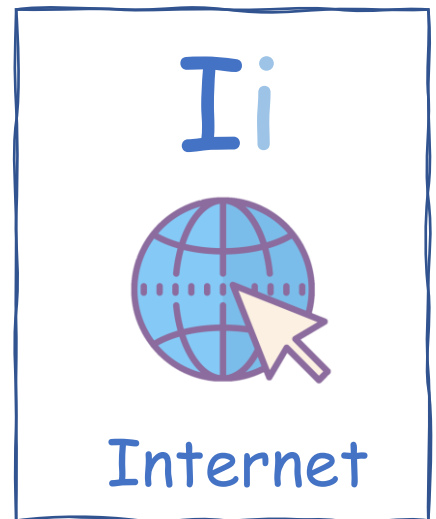
E B c



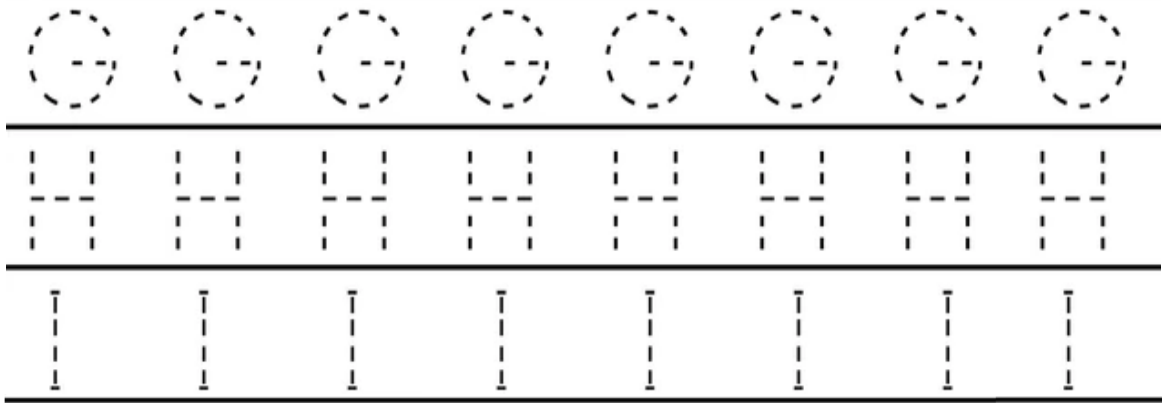
A d e

## ABC By Me

Make the pages for letters G, H, and I.



1. Trace the letters in their **UPPERCASE** form:

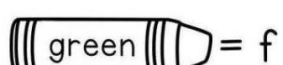
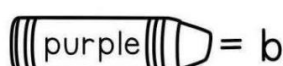
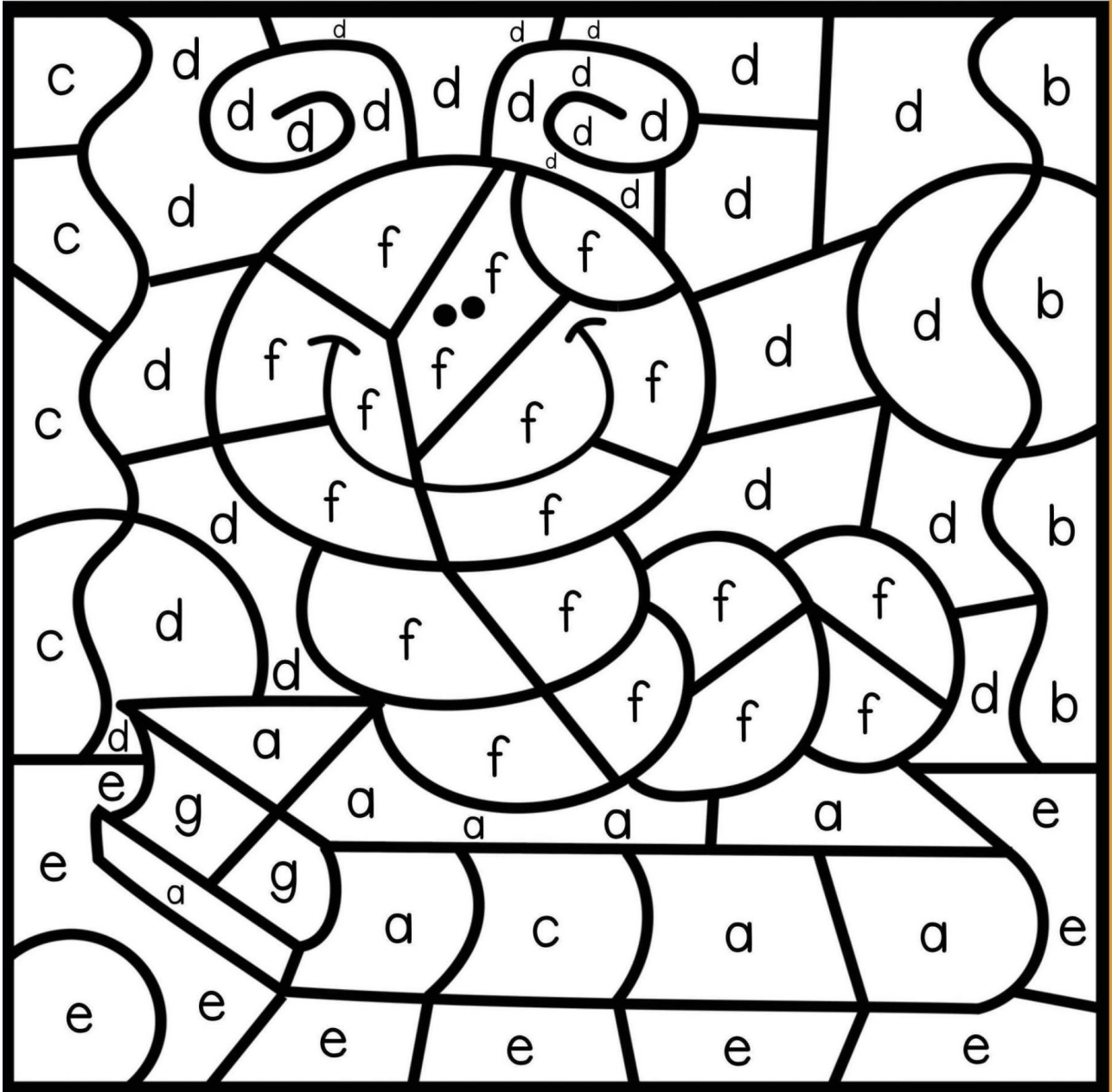


2. Trace the letters in their **LOWERCASE** form:



## HIDDEN THINGS

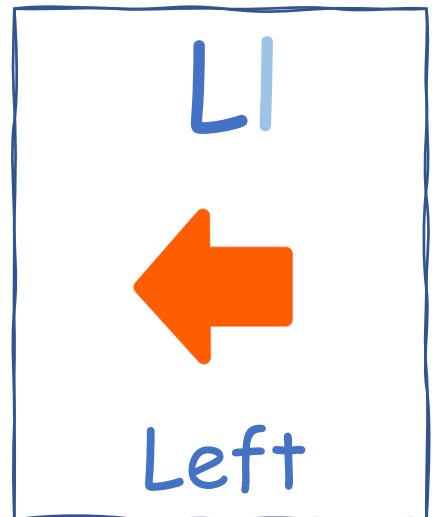
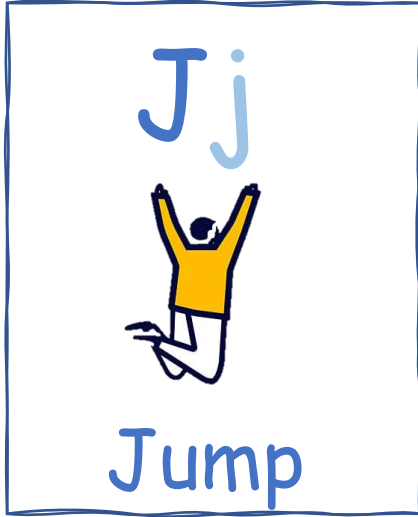
Follow the code and colour the image. What do you see?



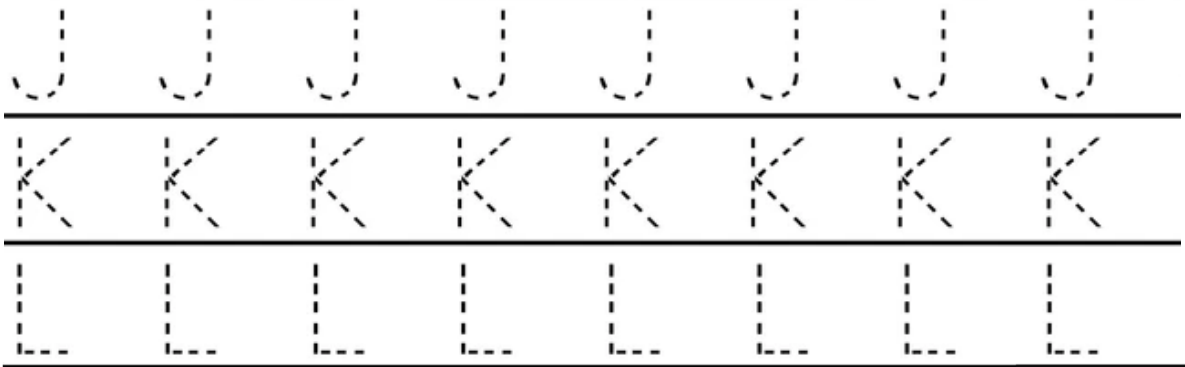


## ABC By Me

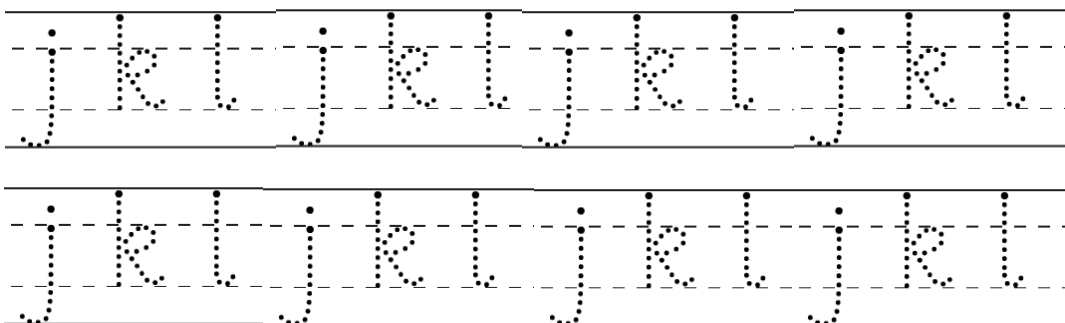
Make the pages for letters J, K, and L.



1. Trace the letters in their **UPPERCASE** form:



2. Trace the letters in their **LOWERCASE** form:



# MUSICAL ALPHABET

1. Place the pages of your alphabet book in a big circle.
2. When the music starts, players walk around the circle. When it stops, players must stop at a letter.
3. They must say:
  - The **letter sound**
  - A word that **starts with the letter**.



If it's incorrect, they are out of the game!

## Let's Revise

Match the big letter with its small letter.



**G** ○

○ **l**



**H** ○

○ **g**



**I** ○

○ **k**



**J** ○

○ **h**



**K** ○

○ **j**

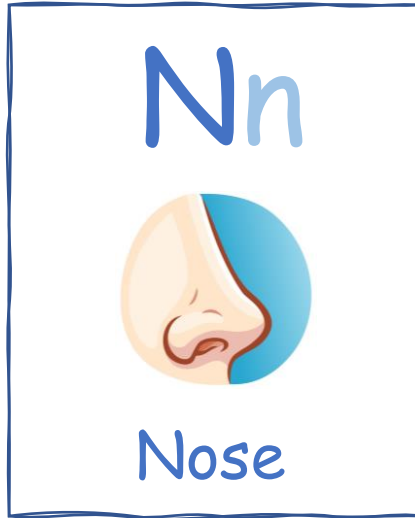


**L** ○

○ **i**

## ABC By Me

Make the pages for letters M, N, and O.



1. Trace the letters in their **UPPERCASE** form:

M M M M M M M M

N N N N N N N N

O O O O O O O O

2. Trace the letters in their **LOWERCASE** form:

m n o m n o m n o m n o

m n o m n o m n o m n o

# ALPHABET RACE

2 or more players

1. Place the pages of your book in a line.
2. The players stand at a starting point far away from it.
3. The facilitator calls out a letter from A to O.
4. The first player to run and pick up the correct page first gets a point!

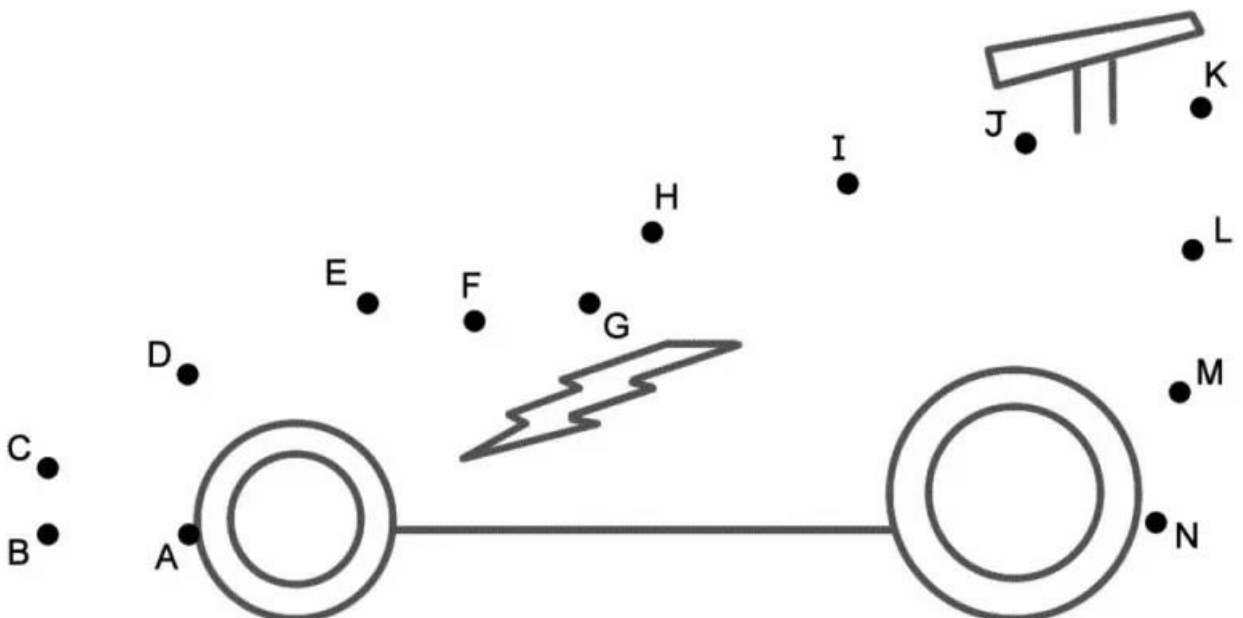
## Who won the game?

Make the letter sounds from A to O and draw/ say a word that starts with it.



## Let's Revise

Connect the dots from A to N. What do you see?



# Week 2 Overview



## Project

### ABC By Me - 2

Create your very own English Alphabet Book for the letters P to Z.

## ABC Yoga

Revise the alphabet using your body!

## A to Z

Solve a maze and connect the dots using letters.

## Stick Numbers

Form numbers using sticks!

## Muddy Letters

Play a fun game to practice writing letters!

## Alphabet Bag

Collect as many hidden letters as you can.

## Materials Needed

- Paper
- String / Stapler
- Pen/Pencil

## ABC By Me

Make the pages for letters P, Q, and R.

Pp



Play

Qq



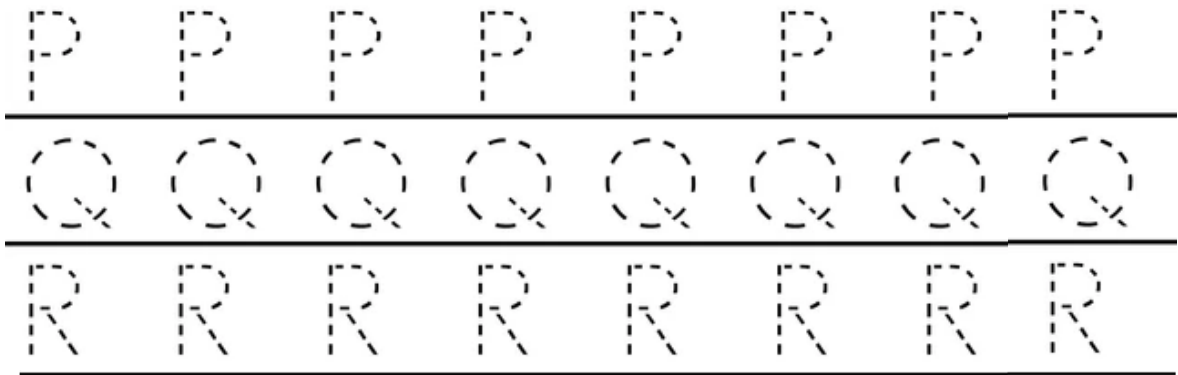
Qatar

Rr

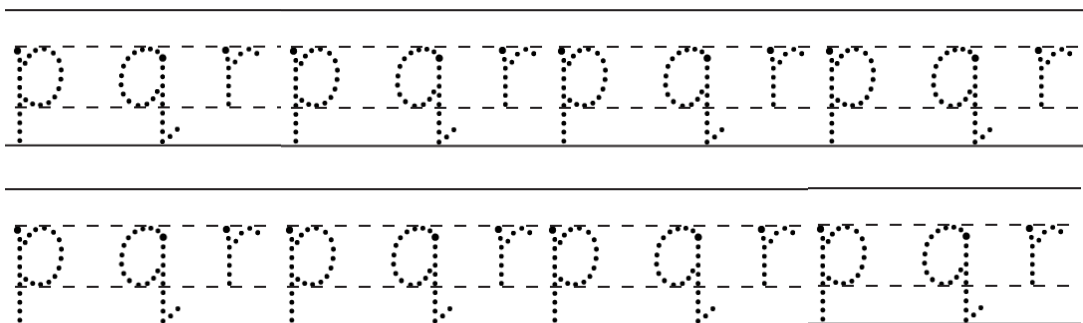


Read

1. Trace the letters in their **UPPERCASE** form:



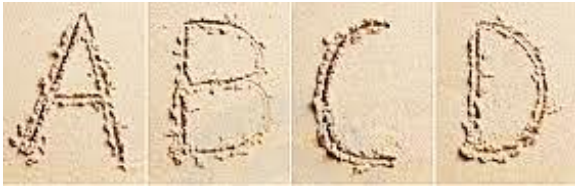
2. Trace the letters in their **LOWERCASE** form:



## MUDDY LETTERS

2 or more players

- Write A to R on mud/wet/pile of flour/salt/sugar using a stick or your fingers! You can also write it in your notebook or on the ground using chalk!
- For each correct alphabet, the player gets 1 point.
- The player who finishes first gets 1 more point



Who won the most points? They win the game!

### Let's Revise

Match the big letter with its small letter.



Mug

M ○

○ p



Nest

N ○

○ n



Owl

O ○

○ q



Pig

P ○

○ m



Quail

Q ○

○ r



Rat

R ○

○ o

## ABC By Me

Make the pages for letters S, T, and U.

Ss



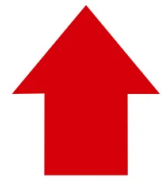
Sleep

Tt



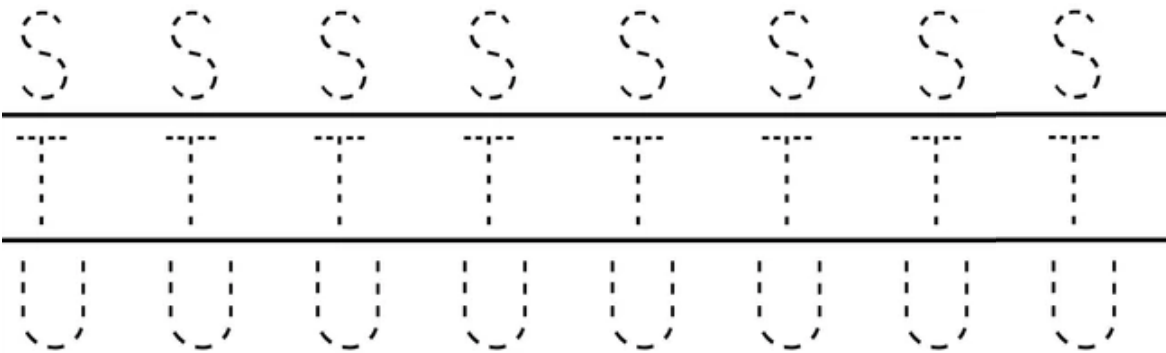
Toilet

Uu

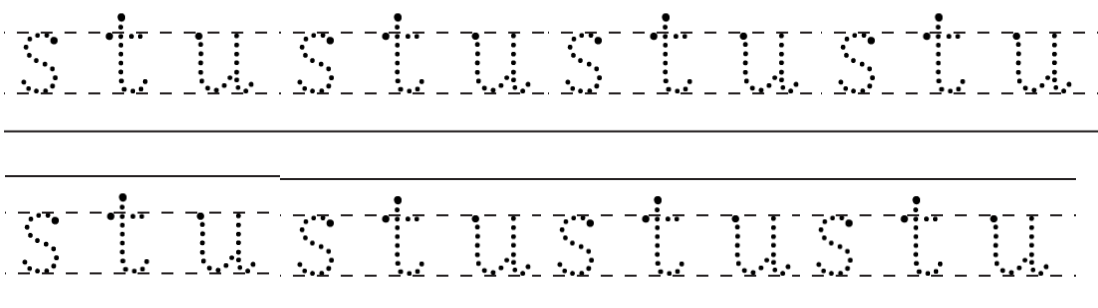


Up

1. Trace the letters in their **UPPERCASE** form:



2. Trace the letters in their **LOWERCASE** form:





## ALPHABET BAG

1. Write A to U on pieces of paper.
2. Put them in a bag. Shake the bag and pull out a letter without looking.
3. Then, write the letter in its correct position below.




### Let's Revise

Write A to U in lower case using different objects you can find in nature!



ABC By Me

Make the pages for letters V, W, and X.

Vv




Villa

Ww



Water

Xx



X-Ray

2. Trace the letters in their **UPPERCASE** form:

V V V V V V V V

---

W W W W W W W W

---

X X X X X X X X

3. Trace the letters in their **LOWERCASE** form:

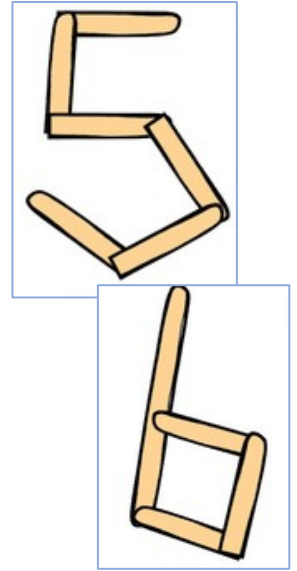
v w x v w x v w x v w x

---

v w x v w x v w x v w x

## STICK NUMBERS

- 10 Toothpicks / Twigs/ Small Sticks per player.
- Players can also make paper sticks by cutting out small rectangular strips of paper



### How to Play:

- Write the English numbers 1 to 5 using the least number of sticks.
- For each number, who used the least number of sticks?  
They get **1 point**.

**Who won the most points? They win the game!**

### Let's Revise

Find the hidden words!

N	R	E	A	C	M	W	K	I	B	D	B
R	E	K	U	V	J	H	U	S	O	K	N
U	A	Q	S	B	J	O	H	A	O	W	S
A	D	B	P	C	K	U	B	O	K	T	H
F	R	U	M	I	B	S	V	N	H	P	L
R	E	A	D	Y	J	E	A	C	W	G	Z
I	W	A	T	E	R	H	U	J	J	A	W
P	Q	L	E	F	T	C	W	B	L	F	O

book

read

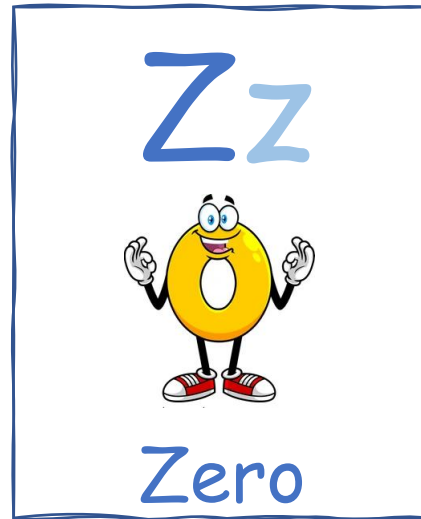
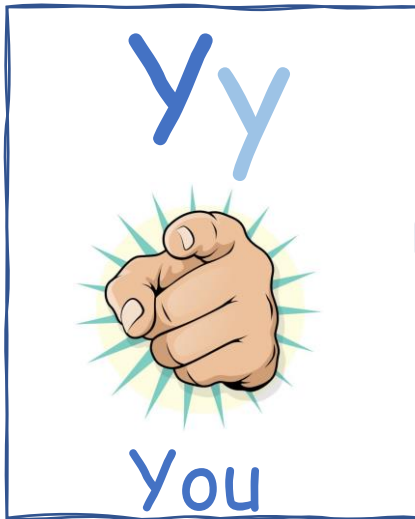
house

water

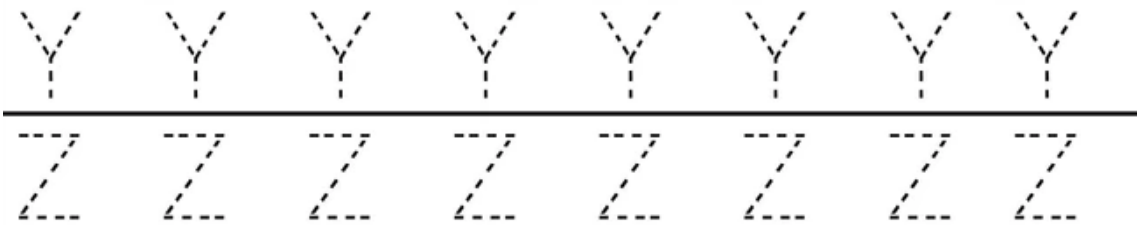
left

## ABC By Me

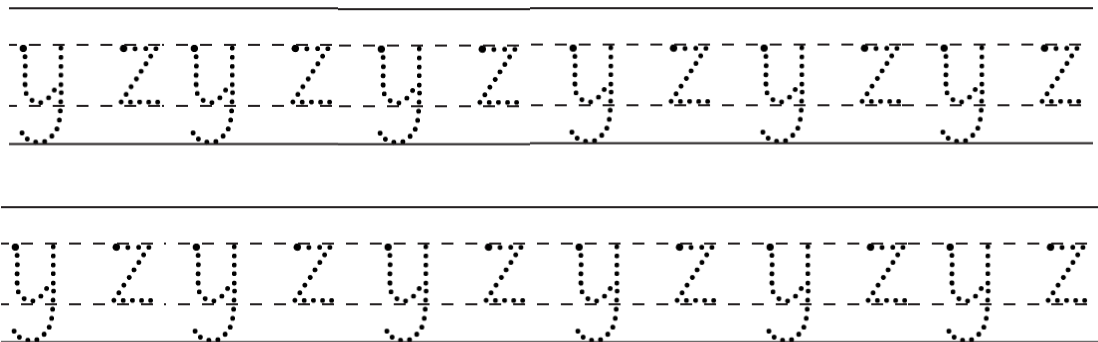
Make the pages for letters Y, and Z.



2. Trace the letters in their **UPPERCASE** form:



3. Trace the letters in their **LOWERCASE** form:



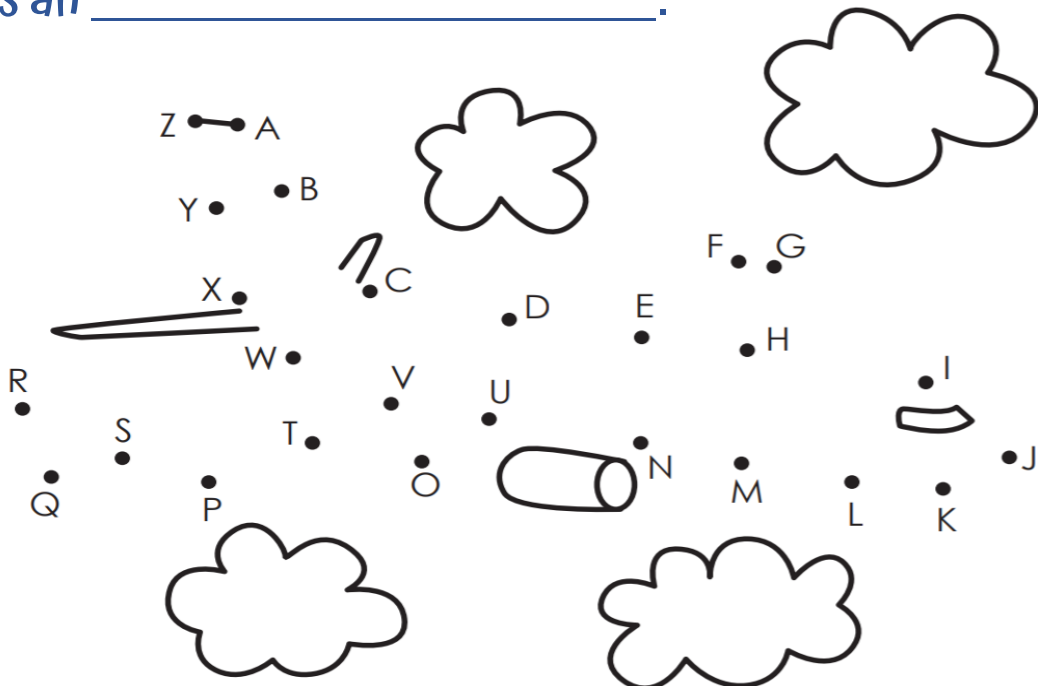


Colour the letters in the correct to guide me back to my beehive!



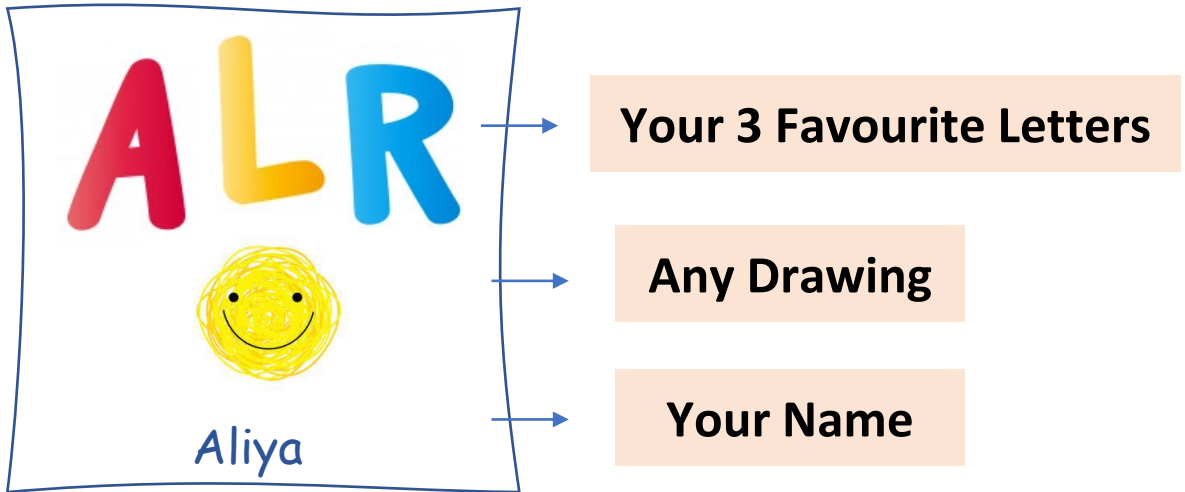
Connect the dots from A to Z and colour the picture.

It is an \_\_\_\_\_.



ABC By Me

1. Arrange the pages in the correct order (A to Z).
2. On a fresh page, design your book's cover:



**Tie or staple all the pages together to make your book.**

3. In the table below, count and draw a tally mark (‘|’) for each living and non-living things in your book in the correct row.

Animals, plants and humans are living things and other objects are non-living things.

4. After 4 tally marks, add the 5<sup>th</sup> mark by drawing a slanted line. So, ~~||||~~ is equal to ‘5’.

Living / Non-Living	Tally Marks	Total
Example:	<del>    </del>	7
Living		
Living Things		

# Day 5 ABC Yoga

Do each pose of the ABC Yoga. Take slow breaths in and out.

 <b>A</b> Airplane	 <b>B</b> Butterfly	 <b>C</b> Cobra	 <b>D</b> Dog	 <b>E</b> Easy Pose
 <b>F</b> Frog	 <b>G</b> Grasshopper	 <b>H</b> Happy Baby	 <b>I</b> Inhale	 <b>J</b> Jack-in-the-Box
 <b>K</b> Kite	 <b>L</b> Lion	 <b>M</b> Mouse	 <b>N</b> New Pose	 <b>O</b> Otter
 <b>P</b> Peacock	 <b>Q</b> Queen	 <b>R</b> Rag Doll	 <b>S</b> Swan	 <b>T</b> Triangle
 <b>U</b> Unicorn	 <b>V</b> Volcano	 <b>W</b> Waterfall	 <b>X</b>	 <b>Y</b>
				 <b>Z</b> Zero

Fill in the missing upper-case and lower-case letters.

A	<input type="text" value="a"/>
---	--------------------------------

<input type="text"/>	b
----------------------	---

C	<input type="text"/>
---	----------------------

<input type="text"/>	d
----------------------	---

E	<input type="text"/>
---	----------------------

<input type="text"/>	f
----------------------	---

G	<input type="text"/>
---	----------------------

<input type="text"/>	h
----------------------	---

I	<input type="text"/>
---	----------------------

<input type="text"/>	j
----------------------	---

K	<input type="text"/>
---	----------------------

<input type="text"/>	b
----------------------	---

M	<input type="text"/>
---	----------------------

<input type="text"/>	d
----------------------	---

O	<input type="text"/>
---	----------------------

<input type="text"/>	f
----------------------	---

P	<input type="text"/>
---	----------------------

<input type="text"/>	h
----------------------	---

R	<input type="text"/>
---	----------------------

<input type="text"/>	s
----------------------	---

T	<input type="text"/>
---	----------------------

<input type="text"/>	u
----------------------	---

V	<input type="text"/>
---	----------------------

<input type="text"/>	w
----------------------	---

X	<input type="text"/>
---	----------------------

<input type="text"/>	y
----------------------	---

Z	<input type="text"/>
---	----------------------





# Weekly Reflection

Did I enjoy learning through this project?



What are some new things I learned?

What did I do well?

What can I do better next week?

*If you liked this, go to our IFERB website for hundreds of more such resources. Visit <https://resources.educationaboveall.org>*

# Week 3 Overview



**Project**

## Make ID Cards

Make Identity Cards for your community members.

## Busy Ants

Learn about ants and what makes them special.

## Line Up

Find out the ages of different people!

## Measuring Using Spans

Measure height using handspans!

## Sunny Side

Think about what makes you special and different.

## Similar People

Interview community members to observe similarities.

### Materials Needed

- Paper
- Pen/Pencil




## Make ID Cards

Can you create ID cards for your friends and community members?

**Observe this ID Card.**  
What does it tell you about the person?

IDENTIFICATION CARD



**Asif Khan**

Villa 32 A, Wukair Road

**Mobile:** 361-421-123

**Date of Birth:** 3<sup>rd</sup> May 2013

**Hair:** Black   **Eyes:** Brown

Everyone looks and thinks in different ways – these differences make us special and we must respect them.

List 5 ways you are different from your friends.

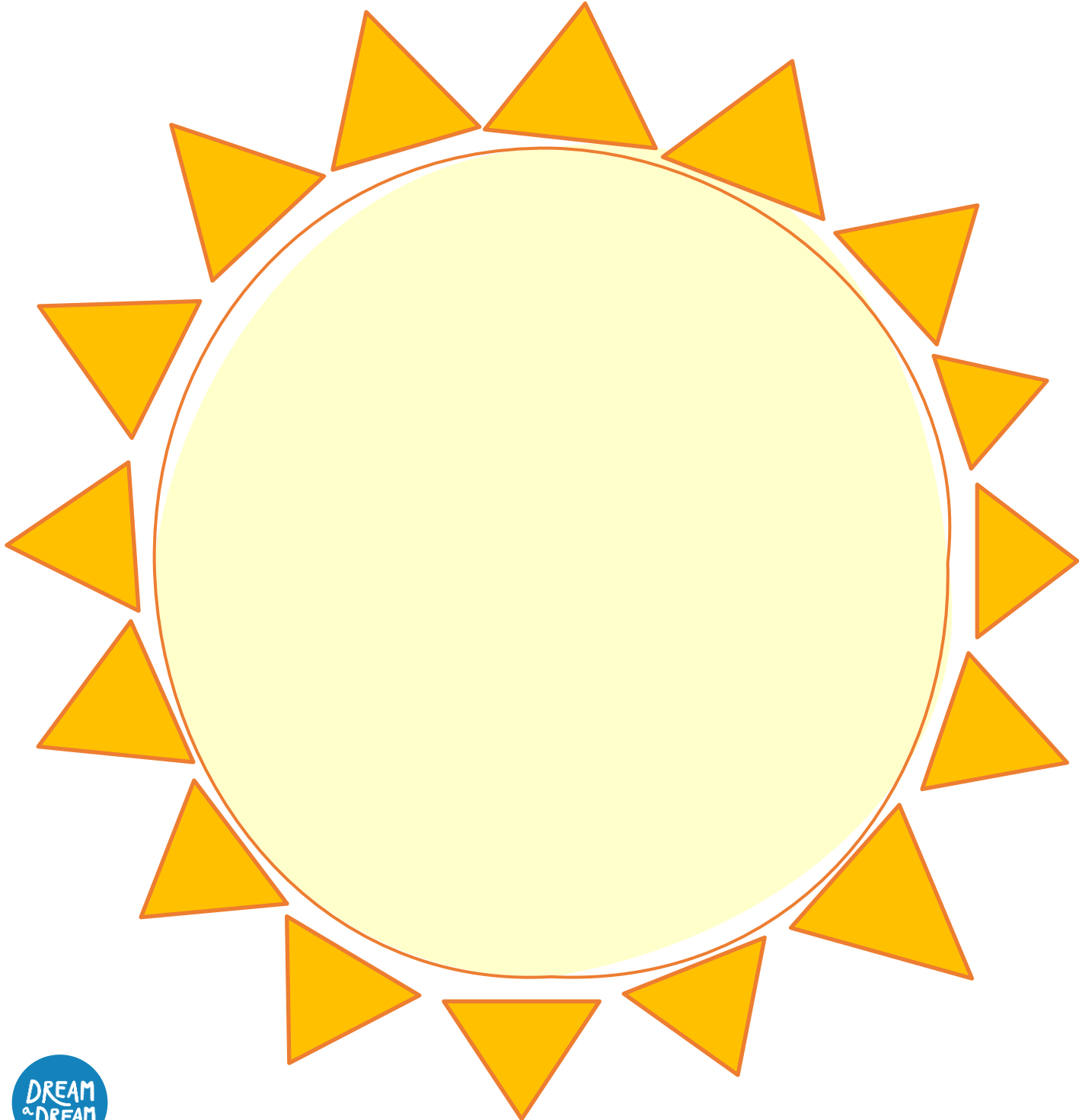
- 1.
- 2.
- 3.
- 4.
- 5.

List 5 ways you are similar to your friends.

- 1.
- 2.
- 3.
- 4.
- 5.

## SUNNY SIDE

Think about the different ways you are special. Write or draw them in the sun below in Dari/Pashto.



## Make ID Cards

### Why do we interview people?

1. Make a list of 5 questions to ask community members using these English question words. Examples:

**WHAT**

What is your name?

What is your hair and eye colour?

**WHEN**

When is your birthday?

**Which**

Which language do you speak?

Which Villa do you live in?

**HOW**

How old are you?

2. Interview 4 to 5 community members or friends.

Write or draw their responses in Dari Or Pashto.



## SIMILAR PEOPLE

Let's see how many community members/friends share similarities!



- Read (or verbally recall) the interview responses and see which ones repeat.
- Add your own categories to the table below.
- Enter the tally marks and count the total.

Category	Tally Marks	Total
Example: Black Hair		5
Birthday Month: _____		
Age: Older than 10 years		
Birthday Year: _____		
Hair Colour: _____		
Eye Colour: _____		
Languages spoken: _____		
Villa Number:		
Add your own category		

## Make ID Cards

Create ID Cards for 3 to 4 for the people you interviewed as shown below.

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Height: \_\_\_\_\_

Birthday: \_\_\_\_\_

Girl or Boy: \_\_\_\_\_

Languages they speak: \_\_\_\_\_

Eye Colour: \_\_\_\_\_

Hair Colour: \_\_\_\_\_

Villa Number: \_\_\_\_\_

Draw a picture of them.

**You can add more categories too!**



**Create an ID Card for yourself as well.**

## MEASURING USING HANDSPANS

One handspan is the distance between the tip of the thumb to the tip of your little finger when your hand is open.

### 1 Handspan



*Can you measure a friend's height using spans? Add their height to the ID Card!*

1. Measure 5 different objects using spans.
2. Fill in the table below with the name of the object, and how many handspans it was.

Object	Total
Table	7 spans



## Make ID Cards

1. What are some new things you learned about your community members? Write them down in Pashto/Dari or discuss them with others.
2. Decorate your ID Cards.

### Guessing Game

- Before giving out the cards, read out details from the cards in English. Do not share the name or the picture.
- Ask your friends to guess whose ID Card it is.



He is \_\_\_\_\_ years old.  
 His birthday is on \_\_\_\_\_.  
 His eye colour is \_\_\_\_\_.  
 His hair colour is \_\_\_\_\_.  
 He speaks \_\_\_\_\_.



1. Did your friends like their ID Card?
2. Do you want to make changes to the cards?

## LINE UP

*Two or more teams of 3 or 4 players each.*

### How to Play

1. Ask each player what their age is. Team 1 will write their ages on different pieces of paper and stick them on the back of Team 2 members.
2. Team 2 will do the same for Team 1.
3. When the time starts, the teams have to arrange themselves in ascending order (small to big) without speaking.



**Which team finished first and correctly?**

**They win the game!**

## BUSY ANTS

*Written by* Kanchan Bannerjee



Hello, I am the fourth one in the line. Can you see me?

Left, right, left, right. We walk silently in a line.



We are not noisy like other animals. Ours is a language of smells.

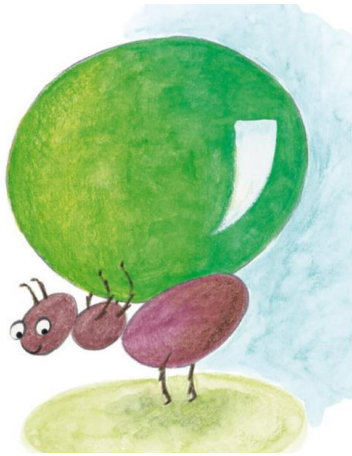
One kind of smell says, "Follow me this way for a feast."



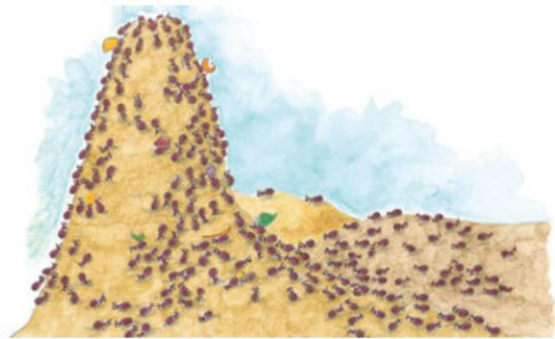
Another smell says,  
"Danger! Do not go there."



I love cakes and all kinds of sweets, just like you.



Want to see my muscles at work? I may look very tiny to you, but I am very strong.



Believe it or not, hundreds of us live happily in a colony.

## **Answer the following questions:**

1. What makes ants unique?
2. What is the biggest thing you think an ant can carry?
3. How are you similar to ants?
4. What other small animals do you know?

# Weekly Reflection

Did I enjoy learning this week?



What are some new things I learned?

What did I do well?

What can I do better next week?

*If you liked this, go to our IFERB website for hundreds of more such resources. Visit <https://resources.educationaboveall.org>*

# Week 4 Overview



## Project

### Colour It Out!

Learn about different colours!

## Story Time

Read a story about the different colours around us!

5

## Spring Day

Follow the colour code to reveal the image!

4

## What's the Shape?

Identify different shapes in common objects around you.

3

## Colour Names

Practise writing the names of common colours.

1

2

## Missing Letter

Identify missing letters in colour names!

## Materials Needed

- Pencil, Paper
- Colors (optional)

## Shapes and Colours

Learn the following colours in English:

**Red**

**Yellow**

**Green**

**Blue**

**Orange**

- Which of the following items have the same colour?  
Name their colours.



**Challenge yourself to name these objects in English!**

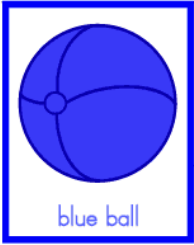
- Identify 5 different colours around you, in English.
  - Which colour do you see more of?
  - Which colour do you see less of?

- What is your favourite colour? Why?  
Draw 3 things that your favourite colour reminds you of!



# COLOUR NAMES

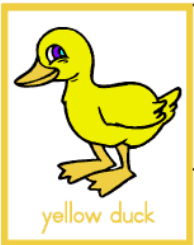
Say the colour out loud and trace its name below:



blue blue blue



red red red



yellow yellow



orange orange



purple purple



green green

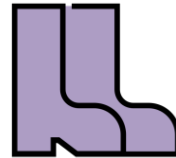
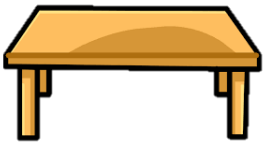


## Shapes and Colours

Learn the following colours in English:

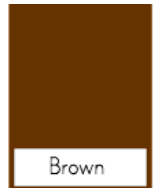
**Purple** **Black** **White** **Pink** **Grey** **Brown**

Which of the following items have the same colour? Name their colours. Challenge yourself to name the objects in English.



### Game Time!

- Divide the players into two teams.
- Each team makes colour cards of all the colours they learnt.
- Set a time limit of 5 minutes. Each team must bring as many different objects as possible and sort it as per the colour cards.
- The team with the maximum number of objects wins!



# MISSING LETTER

Say the name of each colour out loud and write the missing letters.



re \_



b \_ u \_



\_ e \_ \_ o \_



\_ r \_ \_ n



p \_ n \_



o \_ a n \_ e



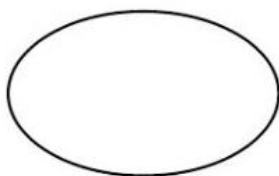
b r \_ \_ n



p \_ r p \_ e



b l a \_ \_



w \_ i t \_



g r \_ y

## Shapes and Colours

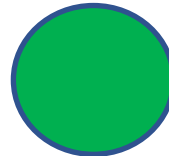
Learn the following shapes in English:



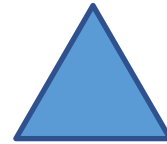
Rectangle



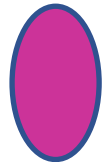
Square



Circle






Triangle



Oval

Identify 2 objects around you that look like each shape.

Shape	Object 1	Object 2
		

## Make Your Own Creature!

- Ask a friend to say the name of any 2 colours.  
Ask another friend to say the names of any 2 shapes.
- Using the 2 colours and shapes, make your own creature!  
You can add more details. Present your drawing!

- What is your creature's name?
- What is its unique ability?
- What does it like to eat?
- Where does it live?

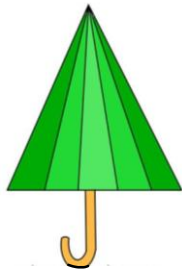
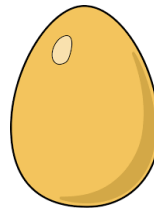


## WHAT'S THE SHAPE?

Identify the main shape you see in each picture. Say the shape's name in English and write/ draw it in the space below.



Circle



**CHALLENGE**

Say the names of the objects in English.

## Shapes and Colours

1. Use your imagination and create the following using different shapes and colours:

- One more creature (animal, people, etc.)
- One place (their home, underwater, etc.)
- One object (diamond, a magical book, etc.)

2. Cut out your drawings. Examples:



3. Now, create your own story in Pashto/Dari using these drawings. Try and use at least 3 English words.

*Eg: The creatures can be the main characters who live in the place you drew and they suddenly find a magical object, etc.*



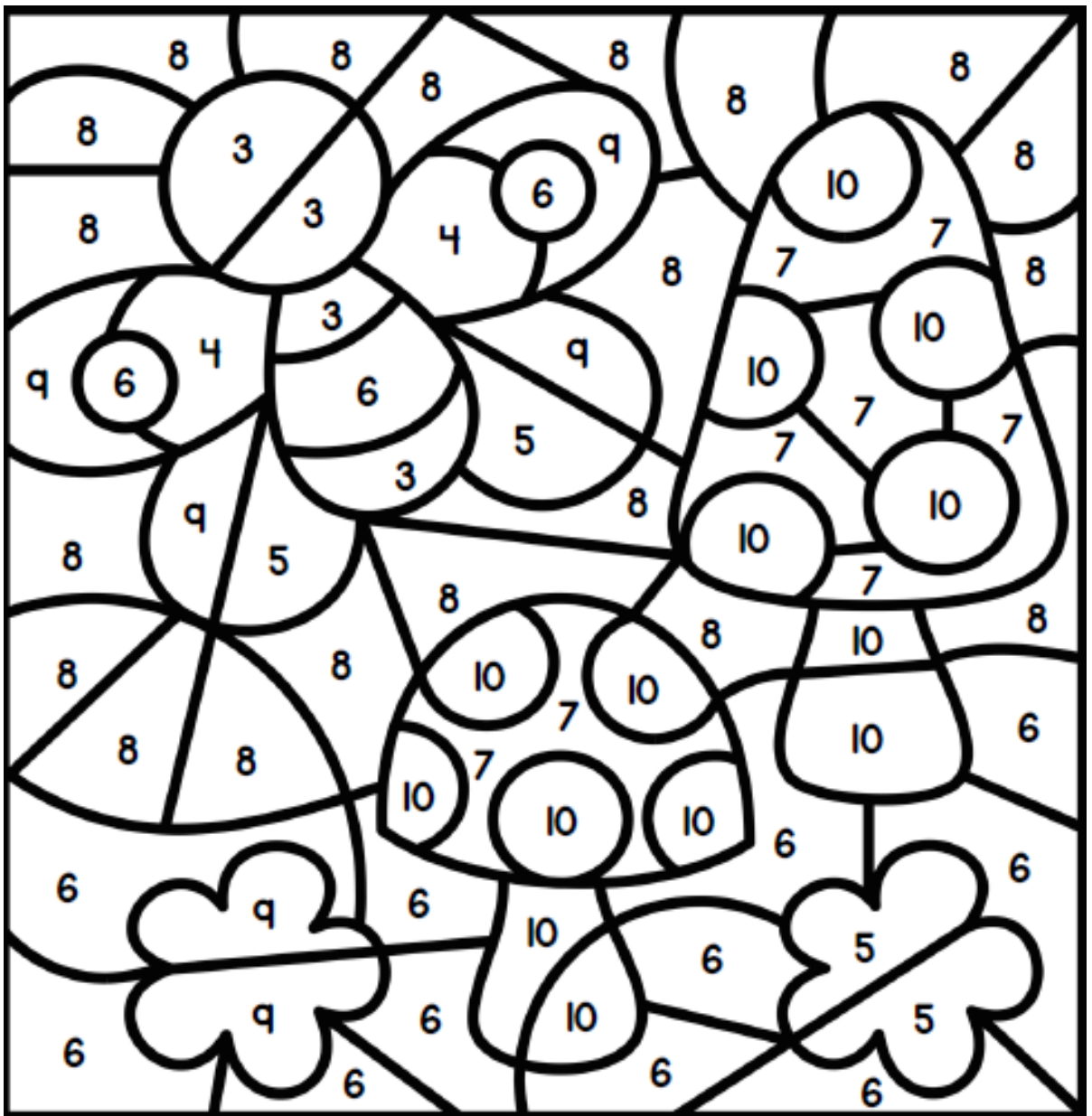
### Thinking Prompts

- What are the names of the creatures?
- What problem do they face?
- How does it get solved?

## SPRING DAY

Use the color code to finish the picture!

3 = yellow	4 = orange	5 = pink	6 = green
7 = red	8 = blue	9 = purple	10 = white



## Shapes and Colours

### Presenting Your Story

- Share your story with family and friends in Pashto or Dari.
- While narrating your story, use the props you made to make it more interesting.

#### CHALLENGE

Use at least 4 English words in your story!

- What did the listeners like?
- Make changes to your story to make it better.



### Describe Your Drawing

- Share the drawings of your creatures, objects, and place.
- Point and say the names of the colours you used in English.
- Point and say the names of shapes used in English too.



#### TRY THIS!

This is my creature, Meeki.

It has \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ colours.

It has 2 shapes: \_\_\_\_\_ and \_\_\_\_\_.

# COLOURS ON THE STREET

Written by Manisha Chaudhry and Mala Kumar



Sonu wore a blue shirt after his bath. Monu and Rina wore blue socks.



Here are Dadi's red chillies. Do not touch them!



Bholu is cutting purple brinjals.



Rani Didi has sunshine yellow lemons.



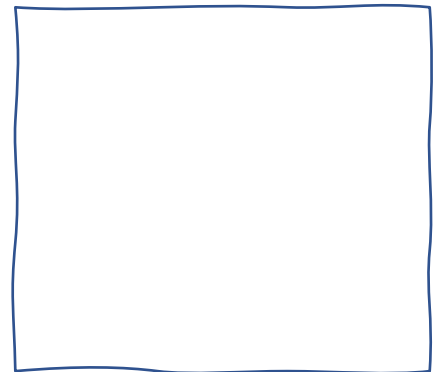
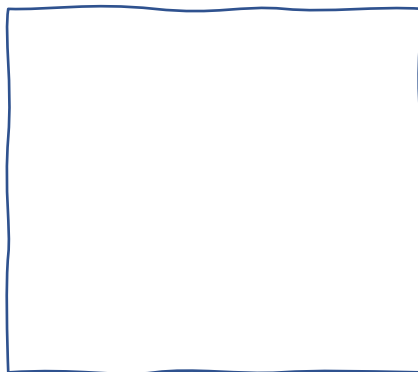
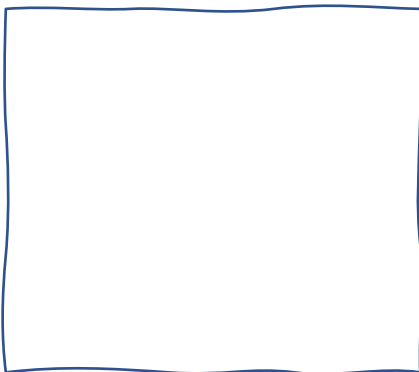


Colours are so fun to see! Rina wants to eat something colourful too! Yummy! Should she eat pink ice-cream?

Or should they have sweet brown dates?  
What would you eat?

## Answer the following:

1. Point and name the characters in the story.
2. How many colors can you see around you? Say their names out loud in English!
3. Draw three of your favourite fruits and vegetables below.  
What colour are they?



# Weekly Reflection

Did I enjoy learning this week?



What are some new things I learned?

What did I do well?

What can I do better next week?

*If you liked this, go to our IFERB website for hundreds of more such resources. Visit <https://resources.educationaboveall.org>*

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**Pg. 27:** ‘Sunny Side’, created by Dream A Dream, India.

**Pg. 33 - 34:** Busy Ants (English, Farsi and Pashto), written by Kanchan Bannerjee, published by Pratham Books (© Pratham Books, 2006) under a CC BY 4.0 license on StoryWeaver.

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